
Pre-Operative Instructions

Please remember to read through all the pre-operative instructions. As it is pertinent to your upcoming surgical procedure. If you should not follow the instructions, it could lead to your procedure being cancelled or rescheduled.

1. Nothing to eat or drink after midnight prior to your scheduled procedure. This includes water, coffee, and food of any kind. Absolutely nothing.
2. If you take morning medications, please do so with a tiny sip of water. Most times, the facility will contact you one week prior to ensure the morning medications you take are okay to consume the morning of your procedure.
3. Patients taking blood thinning medications such as, but not limited to: coumadin, warfarin, Eliquis, Pradaxa, Xarelto, Plavix, etc. Please stop these medications prior to your upcoming procedure. Please contact the prescribing physician of the medication for instructions on how many days prior to stop and when it safe to restart.
4. Please discontinue the use of all anti-inflammatories such as, but not limited to aspirin (81mg and 325mg), ibuprofen, Motrin, Advil, Aleve, Excedrin, etc. 7 days prior to your procedure. Please stop these medications prior to your upcoming procedure. If you should need to take anything for pain or discomfort, please consume **TYLENOL** only!
5. Diabetic patients. If you consume oral diabetic pills or take insulin do NOT take the evening doses of these medication the night prior to your procedure. Taking the medications can drop your sugars too low, and you are already fasting. If your sugars are too low, it could cause your procedure to be cancelled.
6. If you require cardiac, pulmonary, or medical clearance. Please provide the providers information to your scheduler. Our office will provide an order requesting you to be cleared. Clearances should be done as soon as possible to avoid any delays leading into your procedure. Clearances should be received by our office at the latest one week prior to your surgery date. If it is not, it could cause the procedure to be delayed or rescheduled.